



Common Causes of Retained Primitive Reflexes

- Poor maternal nutrition
- Mothers emotional stress
- Domestic violence
- Maternal use of drugs, alcohol, smoking
- Mothers extended periods of bed rest
- Medication
- Maternal depression
- Limited foetal movement

Pregnancy

- Caesaren birth
- Forceps
- Very long, slow delivery
- Very fast second part of delivery
- Foetal distress
- Epidural
- Umbilical strangulation

During birth:

- | | | |
|-----------------------------|---------------------------------|---------------------|
| - Limited interaction | - Stress | <u>After birth:</u> |
| - Low birth weight | - Exposure to domestic violence | |
| - Limited floor time | - Limited movement | |
| - Limited tummy time | - Long periods in equipment | |
| - Swaddled for long periods | (e.g) prams, car seats, | |
| - Limited nurturing touch | bumbo seats, walkers | |
| - Premature | - Screen use | |